

GMTS Alumni network

On Thursday 11th July, the South West GMTS Alumni Network met for its summer event, "A conversation with... Peter Homa and David Oliver". This was held in the EY offices in Bristol, and was organised by current and former GMTS trainees. The event was well attended by current trainees, former trainees, programme, and placement managers. Feedback from the event has been very positive, both in regards to the quality of speakers, but also in the opportunity for alumni to develop relationships and the network further.

Following some refreshments, Peter Homa, Chair of the NHS Leadership Academy gave an inspiring talk about his journey from NHS graduate trainee to chief executive to chairman. He gave an engaging and honest account of lessons learned over his career, and answered a number of questions from the alumni in the room.

This was followed by a brilliant talk from David Oliver, Consultant Geriatrician and Clinical Vice-President of the Royal College of Physicians. David spoke about the growing demand from frail elderly individuals and how health and social care services need to adapt to meet the ageing population.

Both talks were uplifting, informative, and motivational. Some key points from the evening were:

"We live life forwards and understand it backwards"

"Ageism is a prejudice targeting our future selves"

"You can't lead others, until you can lead yourself"

"Inexperience often triumphs over experience because it doesn't know where to fail"

"Don't choose where you work, choose who you work for"

If you are interested in hearing about future events, please get in contact with us at GMTSAlumni.SW@gmail.com or follow us @nhsgmtsalumniSW

